

# ESOTERIC MEDITATION

*Special Easter Edition*

**EVERLASTING  
LIFE**

**EASTER  
A TIME OF  
INITIATION**

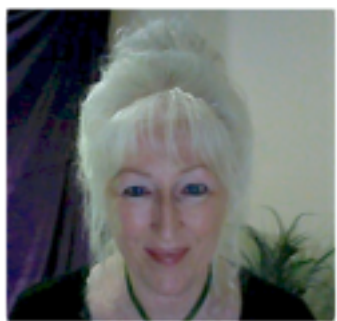
**THE REAL  
MAGDALENE**

**THE POWER  
TRUE  
HUMILITY**

*Plus our  
regular  
features*

**AUSTRALIA'S MOST IN-DEPTH ESOTERIC MAGAZINE**





## *Hello from Lyn*

This year, at the request of numerous people who are interested in the old festivals, I have decided to include some information about them throughout the year. These festivals pre-date Christianity by tens of thousands of years in the northern hemisphere, and were very popular then, and are becoming even more popular now.

This month we are celebrating Easter, so I will write a little about what this time means for aspirants, disciples and initiates. If we look at the spiritual meaning of the Lenten Season, we find it is a time of preparation for deep soul work; it is not a mere forty-day period of partial fasting and Holy Day prayers as observed in the Church today. As the Advent Season is a preparatory time for the reception of the Christmas Mysteries, the Lenten Season is a time for the personality to prepare to receive the inflow of energies relating to the Easter Mysteries in the forty days preceding Easter. We find this process of inner self-examination in the rituals that occurred on Ash Wednesday, the first day of Lent, when the palms that waved with rejoicing on the previous Palm Sunday were burned, and their ashes poured over the heads of the penitents as they sought forgiveness from their transgressions from the Christ within.

Today, this is still considered a fairly rugged time of discipleship, and not suitable for everyone, as the discipline requires constant striving towards the spiritual goal to which the soul was awakened on Palm Sunday.

The teacher scrutinises the inner subtle bodies of the disciples undergoing the rite, in order to ascertain the effects of the disciplines they are undergoing. For some, there are too many distractions, and the discipline is not for them at this time. Certain subjects and books of the Bible are also given for study and meditation during this preliminary period, and students are left to ponder deeply the allegories contained therein. The Bible is a book for initiates, and the allegories contained therein open the eyes of all who are ready to see.



# *Easter — A Time of Initiation*



*Come back with me in time and imagine the conditions that might have prevailed in times of long ago; especially the commotion and flurry of the general populace hurrying about not noticing the plight of others less fortunate. They were probably much the same as they are in our own modern time. There may have been a few who thought about the deeper mysteries, but not many understood and did anything about it. We are faced with a similar situation today. There are relatively few who believe in the Mystery School teachings and the reality of esoteric Temple instruction. Of course, this Temple is not physical, and oftentimes, neither is the language used in the instruction.*

When the time to pass through the veil comes to those on Earth, the advanced entities automatically pass into the higher mental realms. But those who are still burdened by the recent experiences of earth life, and have refused to clear themselves of their emotional baggage, as well as those who have no belief in an afterlife, will find themselves in the various levels of the astral planes, which are designated by the various religions as heaven or hell.

It was in these dark lower realms of the astral planes that the Master spent the interval between the afternoon of Good Friday and Easter Dawn. Even today, there are some individuals upon earth who still have the memory of His presence and remember the wonder of His words. These privileged persons devote their lives to His real teachings and mission, and mostly are not known publicly, but reveal the truth quietly to those who are ready for the deeper mysteries. The information that *is* taught publicly, is a far cry from the real meaning of Easter, and initiation into the mysteries is never mentioned. The inner-plane teachings of the Master were pertinent to the beginnings of the Return Path. Between resurrection and ascension, His teachings were concerned with the attainment of work upon the Path of Light. In the coming age a new and illumined race will pass through the sublime experiences of both the resurrection and ascension in its daily living.



When entities on the earth plane have attained to such a level of unfoldment, transition from earth life to life on the inner planes will be a glorious and conscious adventure instead of the dread and fear felt by humanity today.

The beings of the future race, alive and in full consciousness will know no fear, and only in a state of exaltation, will be able to pass joyously into the larger life. Such beings will join the chorusing of the Cherubim and Seraphim, in singing "Oh death, where is thy sting? Oh grave, where is thy victory?"

A number of the holy men and women prominently mentioned in the Gospels passed through special rites on Easter Saturday night. These rites concluded a lengthy preparation to allow their consciousness to be open enough to witness events on the inner planes.

As a result, these souls encountered transcendental experiences that left a lasting impression on their minds, as their memories were retained consciously and enabled them to achieve their soul function whilst still on the Earth plane.

Without correct preparation the influx of spiritual power would be to invite a condition fraught with danger, since spiritual power, while bringing illumination to the duly prepared, would carry destruction to vehicles not properly cleansed or competent when working with higher energy states. This enabled these holy people to greet that momentous Easter dawn as new-born brothers and sisters of the risen Christ. These naturally included the women to whom Christ appeared in that early dawning.

The light that Initiation bestows upon the mysteries surrounding Easter has largely been lost to our time, not only for the multitudes who would certainly benefit, but for most of those who teach and lead as well. The priesthood of today is not recruited from the ones initiated into the mysteries, with the result that whereas old and true forms persist, the spirit behind them has been largely lost.

Most of the stories in the Bible are allegories portraying the deeper spiritual mysteries. In the 'Ritual of the Empty Tomb,' the Christ as the way shower for all mankind demonstrated to his followers the final and most difficult work to be accomplished on the Earth plane. That work is the transmutation of matter into spirit. When this has been learned, mankind will have gained mastery over sickness, old age and death; for He said that death would be the last enemy to be overcome. In esoteric terminology, this attainment comes with the initiation belonging to the earthy elemental principle, the densest of the four elements. It is the last of the four great elemental initiations, and the most difficult one to attain.

When the light of this knowledge has been accepted, once more religion and science will be married as they were in times of old. The spirit behind and within matter will have been recognized. The Earth Initiation can bring liberation from the wheel of birth and death. The necessity for reincarnation will then be over because Earth's lessons have been learned. But some elect to remain with humanity in order to help mankind mount to the level to which others have attained. Such are the graduates of humanity, the Masters of Wisdom—our Elder Brothers and Sisters.



# The Lenten Season



*Let us look at the spiritual meaning of the Lenten Season. It is a time of preparation for deep soul work; it is not a mere forty-day period of partial fasting and Holy Day prayers as observed in the Church today. As the Advent Season is a preparatory time for the reception of the Christmas Mysteries, the Lenten Season is a time for the personality to prepare to receive the inflow of energies relating to the Easter Mysteries in the forty days preceding Easter. Forty is a number with deep esoteric significance, and what this preparatory period actually accomplishes depends entirely upon the effort made by the personality. This period ends when the sun enters into Aries, designated officially as the first sign of the Zodiac, the sign of new beginnings. This is why some of the old Pagan rites are still celebrated at Easter—the egg symbolizing new beginnings or the potentiality of new life symbolized in the miracle of resurrection. Initiates use this period for a deep searching of the heart; to cleanse the old and make way for the new, to ask for forgiveness, and start with a new beginning.*

We find this process of inner self-examination in the rituals that occurred on Ash Wednesday, the first day of Lent, when the palms that waved with rejoicing on the previous Palm Sunday were burned, and their ashes poured over the heads of the penitents as they sought forgiveness from their transgressions from the Christ within. In the Mystery Schools of today this is still considered a fairly rugged time of discipleship, and not suitable for everyone, as the discipline requires constant striving towards the spiritual goal to which the soul was awakened on Palm Sunday.

The teacher scrutinizes the inner subtle bodies of the disciples undergoing the rite, in order to ascertain the effects of the disciplines. For some, there are too many distractions, and the discipline is not for them at this time. Certain subjects and books of the Bible are also given for study and meditation during this preliminary period, and students are left to ponder deeply the allegories contained therein.





The most important events in the life of the Master Jesus from His birth to the Ascension outline the initiatory Path that has been given to all people, and through the various religions of the world. This is why many metaphysicians see the story of His life as told in the Gospels as allegorical. It is true that the major events in His life do symbolize the planetary initiations that each one will go through at the appropriate time. However, we must not forget the supreme light of the teachings that He brought to show the way, not only to those who followed his teachings at the time, but to everyone who is searching for some sort of spiritual meaning in their own lives today. The mystical experience at the time of the baptism of Jesus by John when the Voice from on high declared, "This is my beloved Son, in whom I am well pleased," will be heard by those who sincerely tread the return path to the Source. This is an inner experience.

There are three levels of attainment connected to the Lenten Season, also consisting of three powerful initiations, namely those relating to Gethsemane, the Trial, and the Crucifixion. The three initiations connected with the Christmas Mysteries are more intuitive and centered in the love of the heart, as there is an analogy to the divine feminine, and the feminine column on the Tree of Life. This is one aspect of the dual nature of a human being signifying the watery elemental principle. The three initiations connected with the Easter Mysteries are more difficult and the self-discipline is arduous as it relates to the development of the will, and has an analogy to the masculine column on the Tree of Life.

There are many who have awakened and attempted to assist others, only to be beaten down; many die broke and unknown, only to have their information praised afterwards. Many have also uttered the prayer He used at the culmination of His time in the garden. "Let this cup pass from me, nevertheless not as I will, but as thou wilt."

What the Christ accomplished in that highly charged Garden on the Mount of Olives was not by chance; the overshadowing angels that were overseeing His mission ministered to Him as He underwent His trial. This was a time when the planetary system received a new current of energy. Also remember that the trials and tests that are encountered by students in the modern age are in accordance with their spiritual maturity.

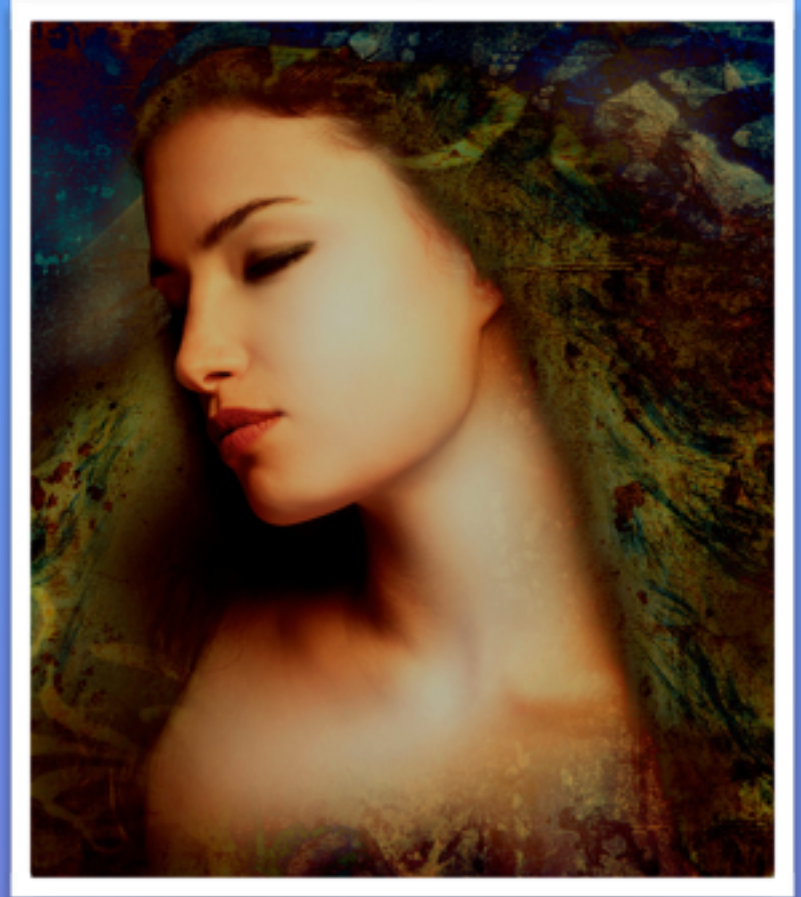
Even though many believe that to be able to do what He did, one would have to undergo similar tests and trials in this lifetime. But the point is, one would never undergo the severity of the trials like those experienced by Christ Jesus, for no one possesses His spiritual strength and power, nor do people live in a state of enlightenment as He did. The tests that students undergo today are important for training in selflessness. Students are in training to become world servers, and if due preparation has not been accomplished, then the tests will be repeated in some form or manner until the student is successful, and can be trusted by the Masters of humanity to carry on with the work. Few there are who have been able to walk along the road taken by the Master, because not many have prepared themselves sufficiently.





# EVERLASTING LIFE

*There is a ritual called the Ritual of the Empty Tomb that has been lost through the annals of time, but today is practiced in secret in some Mystery Schools. This ritual comes from the way the Christ demonstrated to his disciples, the most difficult work that can be accomplished by humans on this planet. The work involves the transmutation of the lower frequencies of matter into the higher frequencies of spirit. Most are still living in the lower aspects of their emotional body and consequently in the lower astral sphere of subconsciousness. But the opportunity is there for everyone to ascend to the higher planes by activating their energy centres or chakras under supervision.*



When this has been learned, humans can, with the right higher mental thinking, that is abstract thinking, gain mastery over sickness, illness and injury, and can learn how to prolong the time they remain on the earth plane, and at what age they will decide to leave, and return to the spiritual realms.

**These abilities were common in other rounds of existence, but will be regained once again in the future.**

**Because a lot of this depends on removing the impediments that most hold in their subconscious minds, it will be some time before this becomes common practice. Not only that, these subconscious impediments actually affect the cellular structure of the body causing the ageing and death process to accelerate.**

And also remember that the Master said that death would be the last enemy to be overcome. In esoteric terminology, this process relates to the Earthy Elemental Initiation, the densest of the four elements and the most difficult initiation to attain. When this knowledge becomes more widely known and accepted, and people rid themselves of their old belief systems, once more there will be a marriage between religion and science as there was in times of old. The spirit behind and within matter will have been recognized and restored to its proper place. So the Earth initiation can bring liberation from the wheel of reincarnation, of birth and death and rebirth. Then the realization will come that the necessity for reincarnation may be over because earth's lessons have been learned, and one will only return to the earth for a special function.



There is a gland in the centre of the head that has a close association with the Energy Parent (Higher Soul Self), in fact being able to apply the energetic coding coming from that realm. Because of that connection, it holds tremendous light once fully activated, but can only operate correctly if the opposite pole in the body channels upwards instead of downwards. And herein lies a mystery for those who have ears to hear.

Esoterically speaking, the Rite of the Resurrection is the rite of the impersonal life when the pull of the personality has been overcome. This is hard for someone not interested in metaphysics to understand, but the spiritual life begins to give a different meaning and focus to the personality, and the desire body holds sway no more as the planetary life begins to come more into focus.

In the early morning hours of the first Easter, there were several women with Mother Mary and Mary Magdalene. These women had been instructed into deep esotericism for a long time, they were adepts and had supreme control over their emotional bodies. They had come to experience the illumination that follows upon passing through the Rite of the Resurrection connected with the Mystic Death. This may seem strange to the average person, but with deep meditation, perfectly normal.

When the disciple experiences the Resurrection consciousness, and brings the realization of the oneness of all life into his or her awareness, then the deeper levels of consciousness can be penetrated at will. In other words, allegorically, the stone of separation has been rolled away by the angel of the presence, and the heightened awareness somehow makes life on earth rather mundane, although still absolutely necessary to the greater plan for humanity.

If you have experienced the Resurrection Rite you can never again kill your younger brothers and sisters of the animal kingdom, for they too, have a royal token upon their foreheads signifying the expression of the same vital life force that lives and moves and has its being throughout the body of the Creator.

You might not think that rocks, mountains streams or trees have the life force of the Creator flowing through them, but if you could see the mighty beings that overshadow these forms, you would soon realize that the whole planet is literally alive with elemental forms. Now if humanity would take the time to tune into these more subtle realms of the planet there would be shock and horror at the needless desecration that appears to be purely for greed. Hopefully humankind's awareness will awaken in time before the planet is totally destroyed.

Meditation upon the experience of the Resurrection Rite will bring a deeper understanding of what happened a little over two thousand years ago. There will then be an increase in knowledge of inner plane work associated with the Return Path to the Source, which will greatly enhance the soul abilities and powers of the modern student of metaphysics. Remember too, that with an increase in power, also comes an increase in responsibility.

So, as you struggle to understand the mysteries, remember the injunction from Thessalonians: "Prove all things, hold fast to that which is good. Abstain from all appearance of evil." If you hold to this, you can't help but elevate your consciousness and begin the transmutation of the lower frequencies of matter into the higher frequencies of spirit. This is the first step on the pathway to conscious immortality.





# Lazarus

*Some of the ancient ways of attunement and initiation were no longer working; other forces and factions who were more materially polarized were slowly eroding the information and causing disbelief in the sacred mysteries. So we have a Master appearing to strengthen the faith of the people and to make sure the ancient mysteries remained intact. The positive forces that accompanied this great one's mission were powerful and anxious to keep humanity on the path of Light. A great many of the people were now being influenced by the materialistic way of life in order to survive. The planetary hierarchy could see that this would ultimately plunge humanity under the control of the dark forces for many centuries unless someone was willing to incarnate and change the course of those dark times. Those dark forces still exist today because of the materialistic outlook of humanity. So, come back with me in time to the Saturday preceding the Master's triumphal entry into Jerusalem, and we will consider the Initiation Rite of Lazarus. This was an ancient rite of the mystery schools, but was rarely practiced when the Master came onto the planet.*

This event marked the beginning of the deeper spiritual teachings as practiced by the Essenes, whose beliefs basically founded the true early Christian Church. The true Christian Church was able to use the powers correctly. That is the power to heal, the power to perform miracles, the power to initiate others into these powers. All this was derived from its knowledge of these ancient mysteries. Later, worldly interests infiltrated and corrupted the early church teachings, in the end totally banning the use of its powers, and darkening its teachings and its consciousness. The church or what now took its place, lost contact with its original source of power and fell into impotency. We also see this continuing in our own times today.



The church as it exists today will not regain that ancient power that will enable it to lead mankind forward spiritually. It is useless in effecting the regeneration required to qualify it for establishing the true and effective spiritual order on this earth. This won't happen until the secrets of initiation are rediscovered and the masses taught correctly. Is it not also written: "My kingdom is not in word, but in POWER." We do not see this power in evidence today.

Nonetheless there have always been some souls who have carried the light forward for humanity, ensuring the continuity of the initiatory teachings. These teachings run through history like Ariadne's thread, and if the seekers are sincere, the teachings in some form or manner will always be revealed to those who search for such information. Some of this information was revealed in our own times by the great sleeping prophet, Edgar Cayce, and through the teachings of the Sirian Command.

The work of the First Degree, 'Purification' is related to, and affects, and helps to clear the emotional/mental body. In this rite, the neophyte is taught how to live under the law of harmlessness. The work of the Second Degree, which is now often called 'Enlightenment' pertains more to the etheric body, which is a stepping down through sub harmonics to make the body resonant, a lessening of frequencies, so that the gross energy manifestation that is the physical body can accommodate the energies that are required. So the Second Degree or Rite of Illumination or Enlightenment consists in aligning the awakened centres in the emotional/mental body correctly with other aspects in the etheric body. The aspirant is encouraged to practice certain exercises in concentration and meditation until the subtle faculties are developed.

The work of the Third Degree, that of mastery, is naturally called the 'Rite of the Master.' In this degree, there is that which unites the forces of the etheric and the emotional/mental bodies in such a way, as to be able to accurately use the channels and faculties previously activated, so as to create a medium by which the illumined spirit can then contact the inner realms.

This allows one to enter into conscious communion with beings such as angels, genii and so on, and the subhuman kingdoms of life, such as the beings connected with the four elements as well as other lesser known beings.

When the Master walked the planet, materialistic thinking and sensual living interlocked the etheric and emotional/mental bodies so closely as to make initiation all but impossible to achieve. A major portion of the Master's work was to set mankind free from this condition by showing other means of achievement.

And so, the most highly advanced of all the Master's followers was chosen to receive this new form of Christian initiation. This was the disciple best beloved of the Master whose initiatory name was Lazarus, and whose real name was John. It was the high status of his development that enabled him to respond to the initiatory summons: "Lazarus come forth."

Why was there such excitement and rejoicing when the Master made His way into Jerusalem on Palm Sunday? Esoterically it was because of the bridging of the old and new initiatory systems that took place in the raising of Lazarus, the day before. Exoterically it was because there was new hope among the people for a better way of life.



# MARY MAGDALENE

## THE OUTER FORM

If Mary Magdalene had not been a very important figure, she would not have been mentioned in the Bible. Her name is a code for one of the highest initiations available on our planet. Only Mother Mary, John, and Mary Magdalene were advanced enough to stand by the cross of the Christ, indicating that they had each passed the third initiation, that of the Rite of Mastery. There is much hidden wisdom in the Bible if you know where to look for it. If you look carefully enough, you will see that every biblical personality is really illustrating the characteristics of a zodiacal sign. Mary Magdalene, beautiful and alluring, typifying a Taurean personality, was centred in the desire nature of the Earth, but when the Master initiated her, the red fire of passion was transmuted into the brilliant white fire of the soul and led ultimately to her being called "the apostle of the apostles."



Being a woman of marvellous intellect, there were few men who would debate with her, as she would quickly put them to shame. It has been said that Lady Mary wore scarlet robes with a white inner robe, and that the fiery light she carried within her shone out to give her a great presence. She must have been a woman of outstanding intelligence, beauty and spirituality to have attracted the attention of the Master. It has been said he imparted many secrets things to her, that he did not give to the other disciples. This caused Peter, in particular, to be jealous of her. However, being an initiate and Master in her own right, she had earned the privilege of being the bearer of the higher teachings with the ability to use the higher Light transmissions.

# THE REAL MAGDALENE

## THE INNER PRIESTESS



*Adding to the confusion of the meaning of Mary Magdalene's title is the admixture of Mary Magdalene with the Mary who anointed Jesus at the banquet at the house of Simon in Bethany, just a few days before the Crucifixion. It is interesting to note that all four Gospels of the New Testament tell the story of the anointing of Jesus by a woman, which is really a re-enactment of nuptial rites from certain Mystery School teachings. It alludes to a "Sacred Marriage" celebrated throughout the Mediterranean Basin.*

*Luke's Gospel is the only one that locates this story in an unnamed town in Galilee, calling the woman who anointed Jesus "a sinner from the town." Why he would choose to do this is unknown. Unless the person who really wrote that Gospel was unaware of the real meaning of the title "Magdalene."*

*It is strange how the church has patently ignored the other three gospels and allowed Mary Magdalene to be thought of as a loose woman. Also strange how, since 1969, the church now reveres her as a saint. I wonder what they discovered to drastically change their minds. The Aramaic word Magdala means "tower" or "fortress." In Hebrew, the word is spelled mgdl. The title "Magdalene" implies greatness, elevation, strength, and pre-eminence. So, "Magdalene" is implying a title. Similarly, "Christ" is also a title. So the correct way to say the names should be: Jesus the Christ and Mary the Magdalene.*

You will find that it is Mary Magdalene who is always mentioned first as a follower of Jesus. No unimportant person is mentioned all through the four Gospels. Remember, Magdalene is a title; it is not a town where she was born. Such a town with the name of Magdala did not even exist when she was alive. With such an eminent title, gained through Mystery School Rites, it is no wonder that Jesus called her "the apostle of apostles." The woman who anointed the head of Jesus at the banquet at Bethany and "wiped his feet with her hair" called Mary of Bethany is the same woman who went to anoint his body on Easter morning and met him resurrected—Mary Magdalene. One only has to read the ancient rites of the hieros gamos, the sacred wedding or the mystical marriage performed throughout the ancient Mystery Schools to understand the real meaning. In the Gospels, Jesus and Mary Magdalene have portrayed this rite for the benefit of those who have eyes to see.



# Rainbow Fluorite Egg

Rainbow Fluorite is the stone for the new Age as it is a highly stabilizing and protective stone. It is excellent for working with spiritual energy as it connects the mind with universal consciousness. Fluorite also has the ability to cleanse the aura, as it absorbs negative energy from the environment. If held and pondered, it can heighten mental abilities and allow cooperation between the mental and physical planes. It is especially powerful for the Easter season as it allows a strong connection to spirit and anchors the intuitive insights received onto the physical plane before they are forgotten.







Lyn's Magical Spell Book



# Easter Blessings

## *The Great Invocation*

From the point of Light within the Mind of God  
Let light Stream forth into the minds of men.  
Let Light descend on Earth.

From the point of Love within the Heart of God  
Let love Stream forth into the hearts of men.  
May Christ return to Earth.

From the centre where the Will of God is known  
Let purpose guide the little wills of men  
The purpose which the Masters  
know and serve.

From the centre which we call the race of men  
Let the Plan of Love and Light work out  
And may it seal the door where evil dwells.  
Let love, and Light and Power  
restore the Plan on Earth.

So mote it be!

ABOUT PETETR

# The Easter Mysteries

WISDOM FOR THE SEEKER

*I asked Peter how he saw the Easter Mysteries in today's world. This is what he said:*

*Students of metaphysics understand that those mysteries can only be understood by deep and earnest practical application. The various events mentioned in the Gospels, that took place during Passion Week in the lives of the faithful ones who followed the Master's teachings practically, all bear a reference to one, sometimes more of the three degrees that were initiated by the Master whilst on the Earth plane. Each and every event that took place in the Master's life was related to some specific initiation, and those who followed the so-called 'Highway of the King' overcame their sorrows at the time of the resurrection.*



The principal obstacles on the Path are represented by various personalities in the Bible. In the trials before Annas we have here an analogy to the mortal mind of man. Next there is the trial before Caiaphas, who represents worldly ambition; and last of all we have the Master coming before Pilate, who represents weakness and vacillation of mind when required to take a stand for the truth and risk endangering prestige in the eyes of unenlightened associates and benefactors. So you only need to read the descriptions to see what is being said. Now it is interesting if we look at the scourging; it is not what it seems. It is an analogy that represents the discomforts and sometimes pain that accompanies a certain awakening.

The awakening relates to the opening of the successively higher centres along the spine as kundalini makes its rapid ascent to the crown. This is why there was the crown of thorns as it relates to the activation of certain centres within the head. With the ascent of kundalini to the head, the cranial nerves are sensitized and surround the head like a crown. This is why he was always shown with a halo—obviously perceived by clairvoyant eyes. The Master fell three times under the weight of the cross, now what do you think this means? It means that humanity falls again and again as it treads the sorrowful way to the Light. The Master showed humanity the way back home.



Every little step humanity must take to go forward, was painfully illustrated in his life. Humanity continually falls beneath the weight of its own materiality, and also falls because of its earthly desires. Mankind lives under the glamour of illusion and falls because of it. So three times mankind falls because of hindrances springing from 1. his physical, 2. his emotional and 3. his mental bodies.

We have the trinity principle in evidence once again as the Master ascended Calvary, He was confronted three times by holy women. What does this mean? They represent the activity of the feminine principle of the second ray, that of love-wisdom which works for a purification of the physical and the desire bodies and a spiritualization of the mind. So the trinity principle is also played out in this way as well.

After the third fall, a man called Simon took the cross and carried it the remainder of the way. This act, translated into terms of allegory indicates that his dedicatory vows of discipleship were then and there made, whereupon he took up his personal cross and followed the Holy Christ Spirit to the place of liberation.

Simon must have already passed the Rite of Purification, and therefore was ready to undertake the work leading to the Second Degree of Illumination.

According to esoteric legend, the Master was comforted by a woman called Veronica who wiped His sweaty brow with her handkerchief as He was struggling up Mount Calvary. Having done so, she discovered to her amazement that His features had impressed themselves upon her handkerchief. This incident points to an experience of one of the women disciples who had succeeded in overcoming the rite of purification enabling her to take the second degree, and thus become clairvoyant, so she could perceive the imprint.

Now if you read this gospel carefully, you will also see where Pontius Pilate's wife, Procula, "had a dream pertaining to this good and just man."

This is just another way of saying that she had the ability to function consciously on the inner planes when out of the body and that from the Akashic Records she learned the truth about the mission of the Christ as the Saviour of mankind.





# Jerusalem

The Entry into Jerusalem is a significant event in the mystical life of the Master. Every event during the Passiontide is really symbolically showing some phase of Initiation into the Christian Mysteries. and the triumphal entry symbolizes great joy. Two things are happening here; the masses who watched the Palm Sunday procession regarded it as a wonderful event to honour the great Master Teacher who had performed such profound miracles in their midst, such as causing the blind to see, enabling the lame to walk, and healing the sick of various illnesses. However, to those who had studied the mysteries, its significance was totally different. To them it signified an outer manifestation of what was actually now possible for humanity when they reached that exalted state of consciousness because of the new procedure initiated by the Christ through the Master Jesus.

**There are many analogies associated with the Triumphal Entry, and we will look at some of them. The city entered was Jerusalem, on the earth plane representing the City of Peace, and in the body representing the heart centre or heart chakra, and representing the symbol for the soul centre in the causal body in the higher mental plane. The ass on which Jesus rode into Jerusalem symbolizes the lower nature being brought under control, and the palms strewn on His path represent the symbolic glimpses of the higher truths that were becoming available.**



Thus we can conclude that the Master enacted a scene in His entry into Jerusalem that pointed to the potential wonders of the New Age when the new truths of the Christian Mysteries become accepted as universal truths available to everyone who wants to travel the Path to enlightenment. The Master had sent two of His Disciples to prepare the way for His entry, instructing them to go to the "village which is in front of us" where they would find an ass which no one had ridden. They were to bring it to Him, and on this the Master rode into Jerusalem. The village "in front" is the Path which always looms before the aspirant, and the ass is the symbol of the personality which requires "to be ridden" to bring it under control so that the newly released spiritual impulse that gave birth to the Christian Mysteries can flower unimpeded. A lot of people today are still riding wild steeds that need bringing under control. That His Disciples had become initiated into the Christian Path of spiritual illumination is indicated by the fact that they knew the way to the village and promptly brought back the ass from where he said it would be.



# True Humility



*You may recall that the Master who was prepared to incarnate to fulfill a function, was prepared to wash his disciples' feet and I wish you to ponder that point, and I can't over stress the enormous importance of humility. The first law of the universe is obedience to your Higher Soul Self, and almost as great in importance is humility. Each person must realize and recognize that they themselves are only a microcosm, just a tiny microcosm, and if certain abilities, which have been enhanced over previous incarnations become evident, this is no occasion for pride or arrogance. It is an occasion for deeper humility, an even deeper feeling of thankfulness to the ones that guide the destinies of mankind. The true mark of the advanced person is humility and the deep desire to gently help a fellow man. Never, never, under any circumstance does an evolved person boast that they can do this or that better than another.*

It is possibly a natural outcome of a type of conditioning, but under no circumstances is this to be permitted. This merely shows that the ego is still in control of the personality. Humility must be pondered, thought about, deeply thought about and practiced. So, there are two requirements for the candidate who desires to take Initiation. Not until this lesson has been mastered is man properly qualified to wield with safety the powers that Initiation bestows upon him. It is a fundamental law of evolution that the most advanced continue their further progress only as they stoop to serve the lowliest and to help them to rise to higher levels.

The Master proceeded with the foot washing in obedience to universal law and this preceded the most exalted teaching that He ever gave to His innermost circle during His earthly ministry. Jesus knew the high destiny that awaited Peter when his pride and foolhardiness would be replaced by serene humility. Consequently Peter becomes the central figure in the foot washing scene in which all disciples of all time are given the lesson in humility. As mentioned before, this is a prerequisite to true spiritual attainment and part of the deeper mystery teachings. Humility is a password to the highest attainment.

# The Last Supper



*Down through the ages, the Eucharist ritual has taken on deeper and deeper meaning as those receiving it began to understand how to use it. It reached its highest spiritual significance when the Master celebrated the rite with His Disciples in the Upper Room at midnight on Holy Thursday. This occurred immediately preceding Good Friday. At that time the Master gave His Disciples the last of His teachings and showed them how to correctly use the powers of the last degree, that of Mastery.*

Let us look a little more closely at the Eucharistic mystery. We could say that wine symbolizes the transformed emotional body of the disciple, while bread represents the cleansed and purified physical body with its attendant luminous etheric body. What does this really mean? It means that each time you eat or drink, you should do so with the attendant Christ like quality you are attempting to acquire to elevate your own consciousness. You do this every time you eat or drink, not only when you go to church. And herein lies a great secret in the development of the Degree of Mastery. Those who participated in the Last Supper with the Christ had gone through the purification rites so that they were able to receive and transmit the Christed powers either for healing or to assist in promoting spiritual enlightenment for those whose destiny it was for them to assist.

The Master taught many techniques whereby the disciples were shown how to accumulate a surplus of vital life force in the body, and instructions were given as how to increase this power and transmit it when necessary. This technique is still used today. The Supper on this first Holy Thursday night ended with the Lord's Prayer, a mantra of tremendous power when rightly used and channelled correctly through the body, activating certain psycho-spiritual centres. So the chosen disciples had received the fullness of the teachings available to them at that time. The one known as the Apostle of the Apostles also received other teachings befitting her status that she taught to those who could receive them. We know that the human body is the temple of the indwelling spirit. However, most are apt to forget this, and think they only have a physical body because they can't see anything else.



We know that the human body is the temple of the indwelling soul. However, most people are apt to forget this, and think they only have a physical body, with its attending emotional and mental vehicles.

The etheric body is not considered at all by most people. The physical body is the end result of the many steps down in energy, through the principle of sub-harmonics. But every step taken along the spiritual Path is a step forward in the expansion of consciousness, as we are now on the Return Path back to the Source of all being. This naturally produces its corresponding development in the physical body, and is seen in the auric structure of the ones who practice the art of meditation.

Esoterically speaking, the consecrated bread represents the body's ability to generate the vital life force through conservation and transmutation of the energies. The wine and the Grail Cup go together. The Grail Cup represents the centre connected with the thyroid gland, which only now, is beginning to become purified enough to be able to speak the divine Creative Word. At present it is deeply seated in energies and is hard to reach by normal meditation practices, but can be activated under the direction of a spiritual teacher.

In the Christian Mysteries, the initiate is referred to as the Son of Man, and when its Mysteries come to full flower we shall have entered the sign of Aquarius, or the Age of the Son of Man, consciously, as this age started about 200 years ago. In this exalted state of consciousness, it will be possible to look upon nature's Blueprint and perceive the events awaiting fulfillment in the remaining earth years.

The disciples who were gathered closely around the Master could see the events they were now in a position to accept or reject. Naturally this was a test of the hardest kind for them to go through. However history tells us that they chose to follow the events outlined for them, and they are recorded for anyone who wants to read about them.

The course they perceived led through diverse persecutions and often to martyrdom. So what did they receive, that they were prepared to go through something like that? These were hard times in which to live, but the personal training they received from the Master gave them the courage they needed, and they went forward as Christed souls, and thus strengthened, were able to continue on regardless of the circumstances. It takes tremendous courage to walk a spiritual path, regardless of the time in which you are living.





# THE POWER



*The mystic Christian experiences a rare spiritual awakening on Good Friday. He sees the Crucifixion as a means to a greater end, and the agony of the Path is lost to sight in expectation of the discoveries that lie just ahead. The modern mystic understands that the crucifixion of the body always precedes the liberation of the spirit. If you recall in your own life—it is in the greatest moments of trial that give you the most learning and later still the greatest joy.*

On Good Friday, a quietness seems to lie over all the landscape. There is a strange contradiction between the ecstasy of nature in the spring and autumn and the Lenten ceremonial observed at this season by the orthodox Church.

Places of worship are swathed in somber black while penitents kneel in tears and contrition, meditating on the Passion of Christ. Nature, on the other hand is at its most beautiful of the year and everywhere we can hear birdsongs of gladness and rejoicing. Perhaps we should also be rejoicing for the sacrifice that saved us.

There is an allegory in the Bible that tells of the fall of man; that is, how human kind moved out of the etheric realms and took on a physical body. It is described in the Bible as God clothing man in skin. Don't think for one moment that this wasn't planned; it was! Everything was known before it even happened. And don't for one moment think that man was created before woman; he wasn't.

Both were created equally at the same time. It is a simple matter of polarity. One pole cannot exist without the other. The allegory in the Bible is what it is—just an allegory to get a point across. When man fell, that is, became a physical being, he also lost equilibrium between the two poles of spirit within himself, the masculine and feminine or balance between head and heart. This of course brought sorrow, disease, and death into the world. Why do they call it Good Friday? The only possible reason could be because ultimate good came out of it for others. If the Master had not taken upon himself to go through the agony of this episode of complete and utter barbarity, then the message he wanted to give to the world would have been lost amongst the many hundreds of other mystics operative at the time. He also completed an initiation on the cross. If you take the time to meditate, and stand at the foot of the cross and experience the energies, you will come out of the experience a different person.



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This is an important and groundbreaking book that in the best tradition of metaphysical writings contains an important message that weaves and traces its way through this exciting story. On the surface the book reads like a fast paced action thriller with well fleshed out plots, characters you can warm to and enough suspense to make you want to race towards the final chapter.

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Its message brings us all into a new age—a better one that was envisaged for us many thousands of years ago by Beings many millions of light years away, they're here, this author has channelled their message, and the result is this amazing book. I loved it! The author, Lyn Asmar ought to be on the New York Times best seller list. Even the cover of this book is mysterious and intriguing, and I loved it so much, I am on my second reading of it.

This book is too good to put down—ever!”

Hans von Strepple—Von Strepple Djinn Corp America



# The Secrets of Magic and Metaphysics



## EXERCISES & EXPLANATIONS FOR CHAPTER NINE—THE BOOK OF MAGICAL EVOCATION

*In this chapter Dr. Mitchener delves into the Book of Magical Evocation, which some people today might consider as a Book of Shadows, as it is a personal compendium of magical practices, how to perform them, and the experiences of the performance. In this particular case, Dr. Mitchener had channellings in the first part of the book from the Sirian Command, and his detailed experiences in the second half of the book. This information was overseen by one of the Seven Principles of our universe known as Isis. Isis has never been embodied on our planet, although many earthlings have taken, and worked in her name. How to perform a magical evocation is detailed in the book.*

### EXERCISE ONE—ACCUMULATION OF LIGHT IN THE HANDS

Those who wish to be involved with magical practices must know how to accumulate light in their hands. Sit quietly in a state of meditation and become aware of the light, or the vital life force of the universe. Once you can perceive the light, begin to imagine, that with each in-breath you are drawing this light into your hands and filling them up. After a while, your hands will begin to tingle and feel rather full. If you use healing, you will find an enhancement of your healing abilities if you do this before approaching a sick client. This will move the extra accumulated energy and assist in a more powerful transfer of the vital life force along with whatever modality you are using. There are various uses for this accumulated light, but it is unwise to leave it in the body if you do not wish to use it for anything in particular. You can expel the accumulated energy abruptly with the breath, and send it back into the universe from whence you called it if you do not any have use for it, commanding the body back into its normal state of balance and harmony.





# Asking Your Dreams for Help



*Many people have great difficulty understanding the dreams they receive during the night. You can always take a shortcut and ask your dreams for help in understanding the problematic dream. Every dreamer must find the best way of eliciting help from dreams. I like to call on “dream power,” and when I am fully relaxed in bed with the lights out, I put my request something like this: ‘Please connect me to my dream power. Thank you, dream power, for the dream of ... (whatever) you sent last night. It felt like an important dream, but I’m unable to figure it out. Please send another dream tonight putting the same message in a way I can understand.*

## **MAKE A NOTE OF YOUR DREAMS IMMEDIATELY UPON WAKING**

Fall asleep with that request going through your mind for best results. Another way you can do it is through autosuggestion or affirmations. For best results, say something similar to: “I have the ability to remember a dream tonight (or in the morning) that will clarify last night’s dream of (... dream ...) I have the ability to remember my dreams and write them down on waking.” Some religious people I know, simply ask God for enlightenment on the dream. Other spiritually based people ask their guide or Higher Self for help. Choose the best way for yourself. However you frame your request, it is essential to have some recording equipment ready, so you can speak the information straight into the recorder. If you are a rapid writer, then write your dreams down as quickly as possible before you forget, since failure to do so is a sure sign that you are not serious, and the subconscious mind will not be fooled.

Sometimes, the dream you get in answer to your request for clarification seems nothing like the original dream at all, but a little work will soon show that the basic message is the same, just formulated differently. It is important that you make your own assessment of your dreams, and not rely on someone else’s interpretation. No one knows your subconscious mind like you do. You must learn how to interpret your own symbolism. Meditate on it if the meaning alludes you. Eventually you *will* get the meaning. Repeated themes suggest an important message, so never dismiss them; always search until you have your answer. Learn to interpret your dreams similar to the allegories portrayed in fairy tales, then you will enjoy waking up each morning wondering what wonderful things will be revealed to you in your own personal code.



## **A CHART HAS BEEN DEvised TO ASSIST MEDITATORS WITH AN UNDERSTANDING OF THE TERMINOLOGY USED BY THE SIRIAN COMMAND**

Readers can then cross reference and select the terms that are more familiar to them to gain a fuller understanding of the concepts being presented

<b>THE TEACHINGS</b>				
Sirian terms		Other terms that may be more familiar		
<b>SPIRIT</b>	<b>LOGOS</b>	<b>MONAD</b>	<b>SPIRIT</b>	<b>LORD OF THE WORLD</b>
COMMAND	Planetary Logos	Father Logos	Divine Will	Power or Will
LINKING	Planetary Linking Principle	Son Christos	Enlightenment	Love/Wisdom
APPLICATING	The Child of the Logos	Holy Spirit Sophia	Active Intelligence	Divine Mind
<b>Intermediary</b>	<b>Intermediary</b>	<b>Group Soul</b>	<b>Group Soul</b>	<b>Group Soul</b>
<b>SOUL</b>	<b>ENERGY PARENT</b>	<b>HIGHER SELF</b>	<b>SOUL</b>	<b>INDIVIDUALITY Or SPIRITUAL EGO</b>
COMMAND	Command or Power Principle	Atma	Moral Will	Spiritual Will
LINKING	Linking Principle	Buddhi	Intuition	Perception
APPLICATING	Applying Principle	Higher Manas	Higher Abstract Thinking	Abstract Mind
<b>BODY</b>	<b>INCARNATE PARTICLE</b>	<b>LOWER SELF</b>	<b>BODY</b>	<b>PERSONALITY</b>
COMMAND	Focal Body	Lower Manas and Astral Body	Concrete Thinking and Instinctive Life	Mental Body and Emotional Body
LINKING	Linking	Etheric	Fluid Energy Body	Energy Body
APPLICATING	Physical Body	Physical Body	Physical Body	Dense Physical Body

*Please note that these terms are an approximation only to help the reader gain an idea of the concepts being presented. These realms represent how the Logos projects through the trinity principle into the end result – physical, incarnate humankind. This chart shows how humankind is a projection of primal energy from the Third Aspect of the Logos, called by the Command, the Child of the Logos, and the associated step-down energy realms through which this is achieved.*





# Sacred Scriptures

## THE EIGHTH COMMANDMENT

*"Thou shalt not steal."*

*Exoterically of course, it means exactly what it says. Do not take anything that is not rightfully yours, do not take credit for something you have not done, do not try to be someone you are not. Esoterically, most people have not looked at this Commandment in the way it was meant to be looked at. In the days of yore when spirituality was taught in the Mystery Schools, much effort at a great personal cost had to be put in by the aspirant to gain the secret wisdom and knowledge.*

*In these days of tremendous spiritual growth where we have instant meals, instant coffee, instant this or that, people want the spiritual secrets instantly at the wave of a magic wand, and oftentimes for little cost, instead of having to work for them as has always been the case right down through history. Frustration is often displayed if there is a delay of any kind.*

*My thoughts and inspirations contained within this Magazine are the result over thirty five years of research, study, divine inspiration, a wide variety of books, classes, lectures, conversations and practical experience of working with energy and Sirian Beings. Some of the information is a composite of so many different sources including channelled information that no single source can reasonably given specific credit. However, where I can identify my statement as being derived from another book, I have credited the author in the endnotes to avoid footnoting throughout the text.*

Such people would have been thrown out of the Mystery Schools of old, or gently led astray out of kindness because their emotional body had not been sufficiently prepared. People wonder why, when they are not prepared to take ascetic measures to cleanse their physical body, to purify their minds of negative thoughts, and to rid their emotional body of misqualified or blocked energy, that they do not receive the spiritual gifts that they demand. To demand such gifts without having to put in the necessary work is tantamount to stealing.

*This image is of Jesus & Mary Magdalene, Kilmore Church, Dervaig, Isle of Mull, Scotland*




# Sacred Scriptures

Sometimes a student will be given a glimpse of what can be obtained. These hints are given to inspire the student to “get about the Master’s business,” to clean up their act, head down, butt up; it makes it so much easier for the person teaching them then, to show them that when they have done the necessary work, the things that they most desire will start happening.

Most of you will say that you do not want to become an ascetic, you can’t be bothered trying to change your emotional responses any more, you’ve tried and tried and it’s just too hard; your thoughts race around your head all day long, how can you possibly control them? But you *do* want the spiritual life; have you ever taken the time to sit down and watch your thoughts to see what kind of thoughts are filling your head? Are your thoughts concerned with money, your job, your relationship; are you flirting with other gods?

The Master said, “Seek ye first the Kingdom of Heaven, then all these things will be added unto you.” Are you pursuing trying to get spiritual treasures without doing what you know you must do to allow those treasures to be rightfully yours?

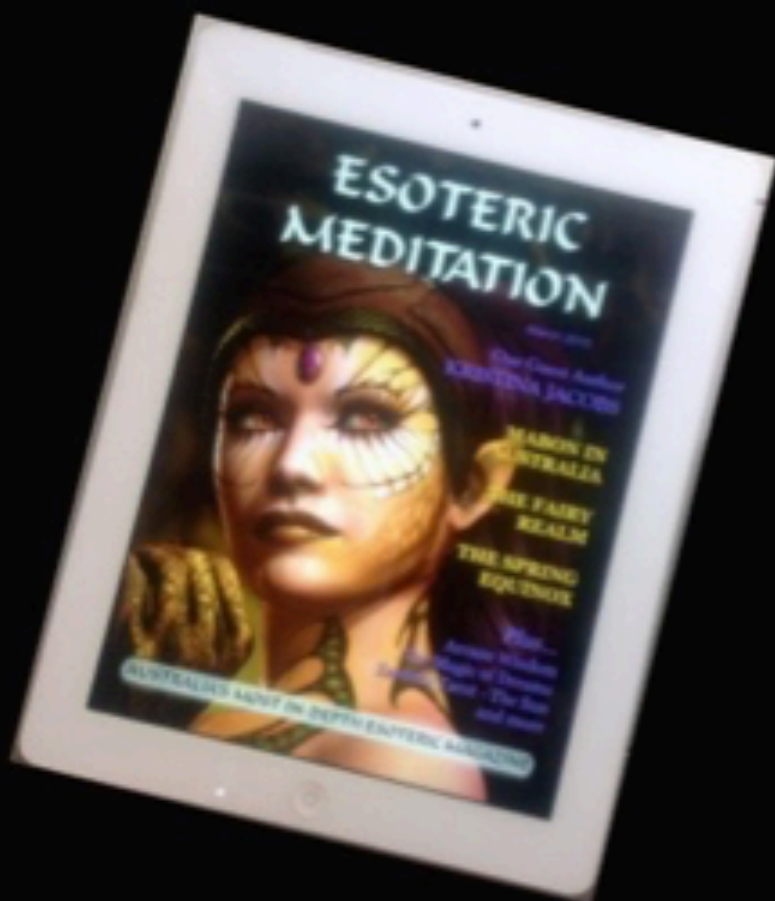
This is hinted at elsewhere in Scripture as: “Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love Him.” 1Cor. 2:9. So, on an esoteric level, stealing is a matter of trying to acquire before we are ready, rather than allowing ourselves to receive those things that become available after the necessary preparation.



*This image is of Jesus & Mary Magdalene, Kilmore Church, Dervaig, Isle of Mull, Scotland*

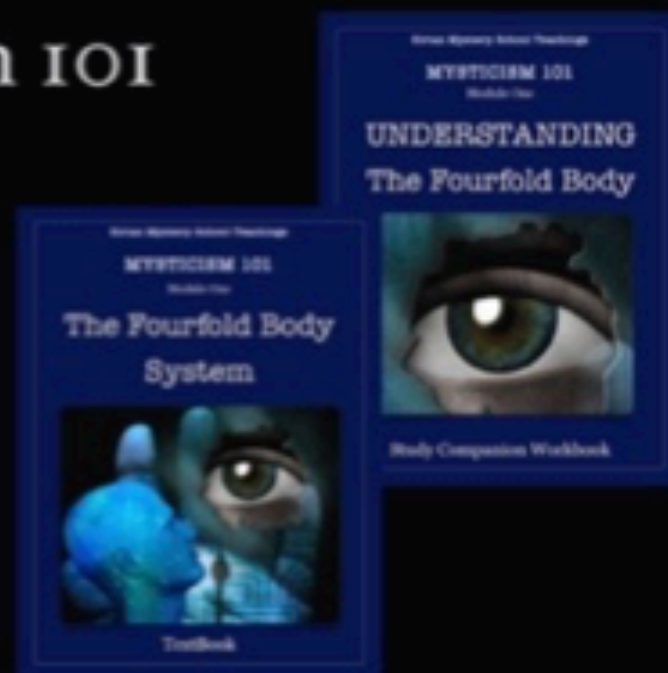


# AUTHOR LYNETTE ASMAR



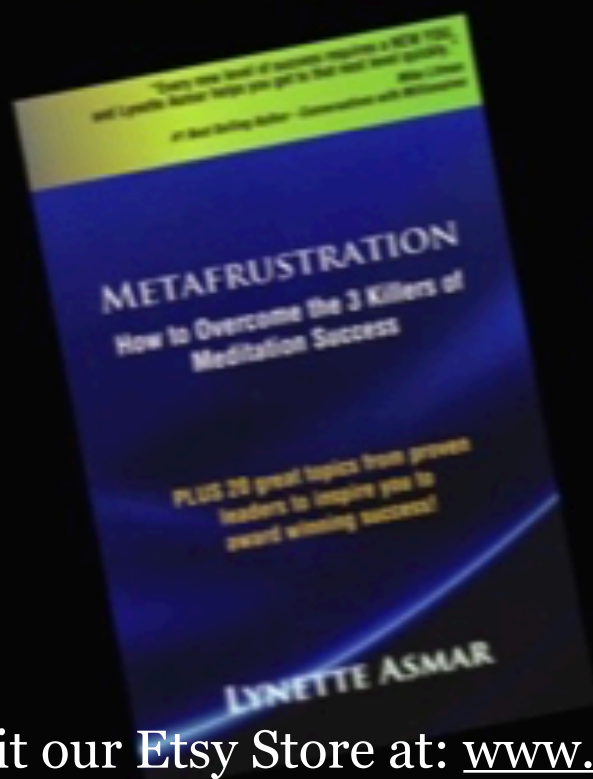
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